



National Resource Book

Updated by: Jamie Newberry 03.2018

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Chapter 1 General and Financial Assistance

Alas Wings

1 (631) 440-1335

1 (312) 883-2527

jguitelman@alas-wings.org

www.alas-wings.org/espanol/

ALAS-WINGS is dedicated to empowering Hispanic women about breast cancer awareness through education and support for all women faced with breast cancer diagnosis.

ALAS-WINGS es una organización dedicada a promover la concientización del cáncer de mama a través de una educación integral y apoyo a la mujer hispana/latina que se enfrenta a un diagnóstico de cáncer y a toda sobreviviente de esta enfermedad

American Cancer Society

1 (800) ACS 2345

www.cancer.org

Provides information and referrals for patient support services; including transportation programs, medical insurance and financial assistance resources.

Avon Cares Program/Cancer Care National Office

www.avonfoundation.org/programs/breast-cancer/

1 (800) 813-HOPE

www.CancerCare.org

1 (212) 712-8080

Provides counseling, support groups, education, publications, financial assistance and Copay assistance for patients and survivors.

Breast and Cervical Treatment Act of 2000

1 (888) 842-6355

<https://www.cdc.gov/cancer/nbccedp/about.htm>

Extends Medicaid coverage for treatment for women who have been screened and diagnosed through the National Breast & Cervical; Cancer Early Detection Program in states that have agreed to provide this service

Breast Cancer Relief Program

1 (504) 529-3258

<http://nationalcancercoalition.org/tbcraf>

info@breastcancerrelief.org

Provides financial support to women with Breast Cancer

Brenda Mehling Cancer Fund

www.bmcf.net

P.O. Box 801054

Santa Clarita, CA 91380

Fax: (800) 878-9184

Supports patients ages 18-40 as they undergo cancer treatment. It provides services to meet medical co-payments, rent, mortgage, transportation, car insurance, repairs, and groceries.

Chronic Disease Fund/ My Good Days

1 (972) 608-7141

info@mygooddays.org

www.cdtund.org

Provides financial assistance to underinsured patients diagnosed with chronic or life altering disease that requires the use of specialty therapies.

(Not always accepting applications)

Family and Medical Leave Act (FMLA)

1 (866) 487-9243

www.dol.gov/whd/fmla/

Provides basics information on the FMLA

Kristy Lasch Miracle Foundation

1 (412) 872-4125

Email: kristylaschmiraclefoundation@comcast.net

www.Kristylasch.org

Provides financial assistance for women under age 30, with medical related expenses.

Living Beyond Breast Cancer

1 (855) 807-6386

1 (610) 645-4567

www.lbbc.org

Programs and services include lbbc.org, the Survivors' Helpline, conferences, teleconferences, networking programs, newsletters, publications and recordings.

Life Beyond Cancer

1 (800) 282-5223

www.needhelppayingbills.com/html/life_beyond_cancer_foundation_.html

Offers emergency funds for everyday living expenses.

Modest Needs

1 (212) 463-7042

1 (844) 667-3776

www.modestneeds.org

Helps offer grants for emergency expenses, to help bolster self-sufficiency.

National Cancer Institute’s Cancer Information Service (The)

1(800) 4CANCER

www.cancer.gov

Educational information on all types of cancer.

Netwish

www.netwish.org

Provides assistance up to \$500 for those who are able to demonstrate a financial need.

Patient Advocate Foundation

1(800)532-5274

www.patientadvocate.org

Provides patients with arbitration, mediation and negotiation to settle issues with access to care, medical debt, and job retention related to their illness, along with education and state by state directory of information.

The Pink Fund

1(248) 505-5222

www.thepinkfund.org

Provides a financial bridge that helps to meet basic needs.

Sisters Network, Inc.

1(866)781-1808

www.sistersnetworkinc.org

Committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. This organization provides financial assistance, medical related lodging, co-pay, office visits and prosthesis. This program also provides FREE mammograms for those who qualify.

Survivorship A-Z

<http://survivorshipatoz.org/breastcancer/>

Web based resource providing practical, legal and financial information and tools. Including information on Insurance, Finances, Government Benefits, Planning Ahead, Day-to-day Living, Emotional Well Being - Medical Care, Work related Issues.

Susan G Komen for The Cure

1 (877) GO-KOMEN

www.komen.org

Resources for all things related to Breast Cancer

*Once you replace negative thoughts with positive ones,
you'll start having positive results. - Willie Nelson*

Women’s Health and Cancer Rights Act (U.S. Department of Labor)

Find information on federal laws requiring insurance coverage of breast reconstruction after mastectomy.

www.dol.gov/ebsa/publications/whcra.html

Chapter 2 Transportation, Lodging & Retreat

Air Charity Network

1 (877) 621-7177

www.aircharitynetwork.org

Coordinates free air transportation for children and adults with medical or compelling humanitarian needs.

Angel Flight

angel@angelflight.com

1 (918) 749-8992

Angel Flight is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions and other compelling needs. Our network of 1,400+ pilots throughout the 13 western states donate their aircraft, piloting skills, and all flying costs to help families in need, enabling them to receive vital treatment that might otherwise be inaccessible because of financial, medical, or geographic limitations.

Locator Page: <http://www.angelflight.com/locator/>

Angel Flight Soars

1 (770) 452-7958

www.angelflightsoars.org

Admin@angelflightsoars.org

Volunteer pilot organization serving those who reside in, are traveling to or through the states of Georgia, Alabama, Mississippi, Tennessee, North Carolina and South Carolina.

Corporate Angel Network

1 (866) 328-1313

www.corpangelnetwork.org

Arranges free travel to treatment across the country using empty seats on corporate jets.

Hope Lodge

P: 1 (800) 227-2345

www.cancer.org/treatment/support-programs-and-services/patient-lodging/hope-lodge.html

Each Hope Lodge offers cancer patients and their caregivers a free place to stay when their best hope for effective treatment may be in another city. Not having to worry about where to stay or how to pay for lodging

allows guests to focus on getting better. Hope Lodge provides a nurturing, home-like environment where guests can retreat to private rooms or connect with others. Every Hope Lodge also offers a variety of resources and information about cancer and how best to fight the disease.

Mary's Place By The Sea

P: 732.455.5344 F: 732.361.0135

www.marysplacebythesea.org

info@marysplacebythesea.org

22 Main Avenue

Ocean Grove, NJ 07756

Mary's Place by the Sea is a respite home for women who are receiving treatment for cancer. They provide services that complement their medical treatment, including oncology massages, nutrition education, individual counseling, Reiki, guided meditation, expressive writing, and yoga. Mary's Place by the Sea is not a medical facility with medical staff. They offer integrative services to women with cancer and provide rest and support during this challenging time in their lives. They are empowered with knowledge that will aid them on their road to healing.

Mercy Medical Airlift

1(888)675-1405

www.mercymedical.org

Help patients with free transportation to medical care.

National Association of Hospitality House

1(800)542-9730

www.hhnetwork.org

Provide lodging and support services to patients, families and their loved ones who are receiving medical treatment far from their home communities.

Patient Travel

www.patienttravel.org

Provides information about all forms of long-distance medical transportation and provides referrals to sources of help available in the national charitable medical transportation network.

Pilots for Christ

1(616)884-6241

www.pilotsforchrist.org

Provides air and ground transportation for individuals and families in need.

Road To Recovery

1(800)ACS2345

www.cancer.org/treatment/supportprogramsservices/road-to-recovery

Provides transportation to and from treatment for people who have cancer who do not have a ride or are unable to drive themselves

Sisters Network, Inc.

1(866)781-1808

www.sistersnetworkinc.org

Committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. This organization provides financial assistance, medical related lodging, co-pay, office visits and prosthesis. This program also provides FREE mammograms for those who qualify.

We shall never know all the good that a simple smile can do. - Mother Teresa

Chapter 3 Medical and Cosmetic Equipment

About Face and Body (Florida Only)

WWW.ABOUTYOURFACEANDBODY.com

1 (407) 574-8383

We are proud to offer the best services for microblading, permanent makeup, anti-aging and weight loss in Orlando, Dr Phillips, Windermere and surrounding areas. Whether you're seeking the perfect eyebrows, eyeliner, lips or 3-D areola, our permanent makeup services deliver quality and long-lasting results. While we're the experts in permanent makeup, we like to focus on all the beauty in you and offer a variety of full body

Friends of Man

1(303)798-2342

www.friendsofman.org

Provides Mobility Equipment: (prostheses, wheelchairs, van lifts, and modifications, ramps, home modifications), Medical Equipment and Procedures, Basic Needs: Clothing for Children, Food, Short-term Daycare, Prescriptions, Cobra/Health Insurance

My Hope Chest

1 (727)488-0320

www.myhopechest.org

Provides funding for underinsured and uninsured women in need of breast reconstruction.

Shop Well With You

1 (800) 799-6790

www.shopwellwithyou.org

A website that offers clothing tips and provides a directory of cancer products such as swimwear and head coverings

Sisters Network, Inc.

1(866) 781-1808

www.sistersnetworkinc.org

Committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. This organization provides financial assistance, medical related lodging, co-pay, office visits and prosthesis. This program also provides FREE mammograms for those who qualify.

Wheelchair Foundation

1(925) 736-8234 (US)

1(877) 378-3839 (Toll Free)

www.wheelchairfoundation.org

info@wheelchairfoundation.org

Provide a free wheelchair to anyone worldwide who needs one but has no means to acquire one

There are always flowers for those who want to see them.- Henri Matisse

Chapter 4 Food Programs

Feeding America

1(800)771-2303

1(312) 263-5626

www.feedingamerica.org

Provides food assistance and resources

Meal Call

1(704) 907-6196

www.mealcall.org

Helps find local food programs

Meals on Wheels

1(800)677-1116

www.mealsonwheelsamerica.org

Dedicated to delivering meals to those who are homebound. Some programs require a small donation.

*Forget not that the earth delights to feel your bare feet
and the winds long to play with your hair – Khalil Gibran*

Chapter 5 Prescription Drugs and Co-Payments

CancerCare – Co-payment Assistance Foundation

866-55-COPAY (866-552-6729)

www.cancercarecopay.org

Offers health insurance co-payment assistance for chemotherapy and targeted therapy drugs.

Glaxo Smith Klein Copay Assistance Program

1(888) 825-5249

www.gskforyou.com

Help patients with commercial prescription drug coverage not through a Health Insurance Marketplace Plan/Exchange, who need extra help paying for certain oral oncology and specialty medicine

Health Well Foundation

1 (800) 675-8416

Grants@HealthWellFoundation.org

www.healthwellfoundation.org

Assists patients living with chronic and life-altering illnesses in paying their share of prescription drug copayments, deductibles, and health insurance premiums.

Medicaid/Medicare Services

1 (877) 267-2323

www.cms.gov

Provides information and resources regarding Medicare and Medicaid Services

Merck Helps

1 (800) 727-5400

www.merckhelps.com/

Provides medicines free to people who do not have prescription drug or health insurance coverage and who, without our assistance, cannot afford their Merck medicine.

Needymeds.com

1 (800) 503-6897

www.needymeds.org/index.htm

info@needymeds.org

Information resource helping people locate assistance programs to help them afford their medications and other healthcare costs.

Partnership for Prescription Assistance

1 (888) 477-2669

www.pparx.org

Helps patients without prescription drug coverage get the medicines a variety of programs. Many will get their medications free or nearly free.

Patient Access Network Foundation

1 (866) 316-7263

www.panfoundation.org

info@panfoundation.org

Provides copayment assistance to patients that have insurance but lack the means for out of pocket costs for medication.

Patient Advocate Foundation – Copay Relief

1 (866) 512-3861 (Toll Free)

1 (757) 952-0118

www.copays.org

www.patientadvocate.org

Patient Advocate Foundation's Patient Services provides patients with arbitration, mediation and negotiation to settle issues with access to care, medical debt, and job retention related to their illness.

RXAssist.org

info@rxassist.org

Online medication assistance resource center.

Social Security

1 (800) 772-1213

www.socialsecurity.gov

Assistance with government based benefits.

Simplefill

1 (877) 386-0206

www.simplefill.com

Helps uninsured low income Americans afford their brand name medicines.

Sisters Network, Inc.

www.sistersnetworkinc.org

1 (713) 781-0255

1 (866) 781-1808

infonet@sistersnetworkinc.org

Committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. This organization provides financial assistance, medical related lodging, **co-pay**, office visits and prosthesis.

It's easier to go down a hill than up it but the view is much better at the top. - Henry Ward Beecher

Chapter 6 Pain Management

National Comprehensive Cancer Network

1 (215)690 0300

www.nccn.org

Dedicated to patient care, research, and education, to improve the quality, effectiveness, and efficiency of cancer care so that patients can live better lives.

Chapter 7 Research, Support and Education

Breast Cancer.org

1(610) 642-6550

comments@breastcancer.org

Breastcancer.org is a nonprofit organization dedicated to providing the most reliable, complete, and up-to-date information about breast cancer. Our mission is to help women and their loved ones make sense of the complex medical and personal information about breast health and breast cancer, so they can make the best decisions for their lives.

www.breastcancer.org

Breast Cancer Options

1 (845) 339-4673

hope@breastcanceroptions.org

www.breastcanceroptions.org

Support, advocacy, education and information

Breast Cancer Research Foundation

www.bcrf.org

1 (800) FIND-A-CURE

1 (646) 497-2600

bcrf@bcfrcure.org

Dedicated to funding innovative clinical and translational research and raising awareness.

Bright Pink

www.BeBrightPink.org

Provides education, support and a sense of community to young women at high risk for breast and ovarian cancer.

Cancer101

1 (646) 638-2202

www.cancer101.org

info@cancer101.org

Provides organizational planners to over 350 cancer centers in all 50 states to give to their patients and caregivers. The three-ring, tabbed notebooks are free and include essential organizational tools and important resources designed to empower patients and caregivers to take control over their diagnosis.

Cancer Legal Resource Center

1 (213) 736-1455

1 (866) 843-2572

CLRC@drlcenter.org

www.cancerlegalresourcecenter.org

Provides information and education about cancer-related legal issues to the public through its national telephone assistance line.

Cancer News on the Net

www.cancernews.com

Brings patients and their families the latest news and information on cancer diagnosis, treatment and prevention.

Cancer Support Community

1 (888) 793-9355

1 (202) 659-9709

www.cancersupportcommunity.org

help@cancersupportcommunity.org

Offers a variety of personalized services and education for all people impacted by cancer. These free programs include support groups, counseling, education and healthy lifestyle initiatives.

Guide to Breast Cancer

1 (888) 651-3038

1 (571) 483-1780

contactus@cancer.net

www.cancer.net

Oncologist-approved cancer information from the American Society of Clinical Oncology.

Inflammatory Breast Cancer Research Foundation

1(877) STOP-IBC (877-786-7422)

www.ibcresearch.org/

info@ibcresearch.org

Advocate for Inflammatory Breast Cancer patients. Educate stakeholders and helps fund research towards disease.

Love/Avon Army of Women

1 (310) 828-0060

info@DrSusanLoveResearch.org

www.armyofwomen.org

Providing an opportunity for women to take part in breast cancer research studies aimed at determining the causes of breast cancer and how to prevent it, the Army of Women is a groundbreaking initiative that connects breast cancer researchers via the internet with women who are willing to participate in a wide variety of research studies.

Metastatic Breast Cancer

www.bcmets.org

The largest online community of people living with advanced breast cancer.

My Life Line Cancer Foundation

1(888)-793-9355

support@mylifeline.org

www.mylifeline.org

Encourages cancer patients and caregivers to create free, customized websites, to empower patients to build an online support community of family and friends to foster connection, inspiration, and healing.

National Breast Cancer Foundation

www.nationalbreastcancer.org/

Help women by providing free mammograms, education, support and early detection services

Sid Jacobson JCC-Long Island, NY Only

www.sjjcc.org/cwc/

1 (516) 484-1545

Our expert cancer wellness specialists are here to support your overall quality of life by providing services and holistic care to ALL cancer survivors throughout all phases of treatment.

Stupid Cancer

Follow on social media, join community forums, share your story or blog, check out a local meet up, and attend CancerCon. Find out about all these things and more.

Stupidcancerapp.org

SHARE

(212) 719-0364

1(866) 891-2392(Toll-Free)

844-275-7427 (National Helpline)

www.sharecancersupport.org

Offers support for women with breast cancer, metastatic breast cancer and ovarian cancer. SHARE's telephone support services, educational programs, support groups, and public-health initiatives empower patients and survivors to work through their feelings and fears, carefully consider their options, and take control of their health.

Triple Negative Breast Cancer Foundation

1 (877) 880-8622 (Helpline)

TNBCHelpline@cancercare.org

www.tnbcfoundation.org

A credible source for triple negative breast cancer information, including information on research, clinical trials and new state of the art treatments.

Worldwide Breast Cancer

www.worldwidebreastcancer.com

Online Breast Cancer resource providing education, leaflets and materials

Young Survival Coalition YSC

1 (877) YSC-1011

www.youngsurvival.org

YSC works with survivors, caregivers, and the medical, research, advocacy, peer mentoring and a new diagnosed resource kit, to help improve the quantity of life for women diagnosed with breast cancer ages 40 and under.

It is during our darkest moments that we must focus to see the light.- Aristotle Onassis

Chapter 8 Holistic, Beauty & Exercise

Annie Appleseed Project

The Annie Appleseed Project, a 501(c)(3) non-profit corporation, provides information, education, advocacy, and awareness for people with cancer and their family and friends who are interested in complementary or alternative medicine (CAM) and natural therapies from a patient's perspective.

(561) 749-0084

<http://annieappleseedproject.org/>

Cancer Project, The

The Physicians Committee for Responsible Medicine

www.pcrm.org/health/cancer-resources

Promotes a better understanding of cancer causes, particularly the link between nutrition and cancer.

Creative Transformations, LLC

<http://creative-transformations.com/>

Creative Transformations, LLC was created as a response to the needs of individuals as they recover emotionally from cancer. Stephanie's personal experiences of having breast cancer and caring for a loved one who died from breast cancer, have created a deep passion for the complexity of recovering one's body, mind, spirit, and sense of self.

Dear Martha

Beautiful headwear that is one-and-done.

All of our headwear is designed in-house. Each style is made with natural materials in neutral shades for a wear-with-everything appeal.

<http://www.shopdearmartha.com/>

info@shopdearmartha.com

Look Good...Feel Better

1 (800) 395-LOOK

Non-medical, brand-neutral public service program that teaches beauty techniques to cancer patients to help them manage the appearance-related side effects of cancer treatment. Look Good...Feel Better group programs are open to all women with cancer who are undergoing chemotherapy, radiation, or other forms of treatment.

Strength For Life (NY only)

1 (631) 675-6513

<http://strengthforlifeny.org/>

A community exercise program in which persons with a cancer diagnosis participate in group classes designed to enhance their recovery process. Services provided will include educating cancer patients and the general

public on the benefits of exercise in reducing the risk of certain cancers and improving functional activities.

Chapter 9 Family & Kids

Friends of Man

1 (303) 798-2342

www.friendsofman.org

Provides Mobility Equipment: (prostheses, wheelchairs, van lifts, and modifications, ramps, home modifications), Medical Equipment and Procedures, Basic Needs: Clothing for Children, Food, Short-term Daycare, Prescriptions, Cobra/Health Insurance

Mommy Has Breast Cancer

<http://www.mommyhasbreastcancer.org/>

Breast Cancer is a disease that not only affects Mom, but affects the entire family adding to the stress and guilt patients often feel for placing this "burden" on her family. We help relieve as many of these stressors as possible so that mom can rest, relax, and focus her energy on not just battling breast cancer, but mindfully conquering it. At Mommy Has Breast Cancer we understand that the difficulties that come with a diagnosis of breast cancer can often tear families apart. We also understand however that with proper intervention and support for the family we can help families not only survive this battle, but thrive and come closer together instead of being torn apart.

Chapter 10 Misc/Cleaning Services

BRCA Strong

561-235-2744

www.brcastrong.org

Previvor: An individual who carries hereditary genetic mutation, precancerous cells, of family history and elects preventative measures against cancer.

Cleaning for a Reason

1 (877) 337-3348

www.cleaningforareason.org

info@cleaningforareason.com

Serves the entire United States and Canada, they partner with maid services to offer professional house cleanings to help women undergoing treatment for any type of cancer.